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Supervision

Abdul Hameed Waraich
Sadr Majlis Ansarullah Canada

Editor-in-chief

Sohail Ahmed Saqib
Na'ib Sadr Majlis Ansarullah Canada

Manager

Muhammad Musa
Qa'id Isha'at

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Ghulam Misbah Baloch
Dr. Hameed A. Mirza
Mutaz Al Kazak

Editorial Assistants / Layout & Graphics

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Qa'id Isha'at, Nisar A. Shams, Dr. Mohyuddin Mirza, Zafar
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MESSAGE FROM SADR SAHIB MAJLIS ANSARULLAH CANADA

Dear Ansar Brothers,

Assalamu Alaikum wa Rahmatullahi wa Barakatuhu!

May Allah bless you all with His special mercy and blessings. May He increase your faith, piety, and passion for serving the faith and grant you success in this world and the Hereafter.

Alhamdulillah, by the grace of Allah, we are blessed with another new year. Congratulations to you all on the arrival of this new year.

At the beginning of this new year, we should make a firm commitment and strive to prioritize Allah's pleasure above all in our lives. The best way to achieve this is through regular prayers and supplications. Our beloved Imam, Hazrat Amirul Momineen Khalifatul Masih V (may Allah strengthen his hand), encouraged us to recite many prayers last year. Therefore, we should make those prayers an essential part of our lives as advised by our beloved Imam.

Hazrat Amirul Momineen (May Allah be his Helper!) especially emphasized the following three prayers. Regularly reciting them ourselves and teaching them to our children should be our foremost duty this year:

- 1 (200times) سُبْحَانَ اللَّهِ وَبِحَمْدِهِ سُبْحَانَ اللَّهِ الْعَظِيمِ اللَّهُمَّ صَلِّ عَلَى مُحَمَّدٍ وَعَلَى آلِ مُحَمَّدٍ
- 2 (100times) اسْتَغْفِرُ اللَّهَ رَبِّي مِنْ كُلِّ ذَنْبٍ وَأَتُوبُ إِلَيْهِ
- 3 (100times) رَبِّ كُلِّ شَيْءٍ خَادِمُكَ رَبِّ فَاحْفَظْنِي وَأَنْصُرْنِي وَادْحَمْنِي

We should resolve to improve our prayers and supplications and strive to align our lives purely with the pleasure of Allah. We must listen carefully to the instructions of our beloved Imam and act upon them. Through supplication, we can overcome our weaknesses, find solutions to our problems, and attain the pleasure of Allah.

We pray to Allah that He makes this year one of blessings, successes, and peace for us. May Allah grant us the ability to follow the guidance of Hazrat Amirul Momineen (May Allah be his Helper!) and always keep us under His protection. Ameen.

Wassalam,

Humbly,

Sadr Majlis Ansarullah Canada

TABLE OF CONTENTS

HOLY QURAN



1

2

HADITH

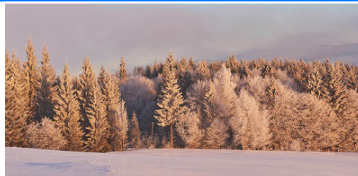


SO SAID THE PROMISED MESSIAH^{AS}



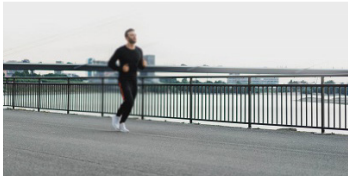
3

4



PREPARING FOR WINTER IN CANADA
FOR SENIORS

NISAR SHAMS MAJLIS MELVILLE



EXERCISE AND AGING:
STAYING ACTIVE FOR A HEALTHIER LIFE
DR. HAMEED A. MIRZA MAJLIS PEACE VILLAGE EAST

6

8



THE DELICATE STATE OF THE MUSLIM
UMMAH — GUIDING WORDS FROM HAZRAT
KHALIFATUL MASIH V

ASIF M BASIT- AL-HAKAM, 30TH DECEMBER 2024

PROMISED MESSIAH'S UNPARALLELED
LOVE FOR THE HOLY PROPHET (PBUH)
HUZOOR CONCLUDING ADDRESS IN JALSA
SALANA QADIAN 2024
AL-HAKAM 29TH DECEMBER 2024



11

18

PHOTO GALLERY



NATIONAL MAJLIS E AMLA 2025



20

THE HOLY QUR'AN

وَمَنْ أَحْسَنُ قَوْلًا مِّمَّنْ دَعَا
إِلَى اللَّهِ وَعَمِلَ صَالِحًا وَقَالَ
إِنِّي مِنَ الْمُسْلِمِينَ

Translation

And who is better in speech than he who invites *men* to Allah and does good works and says, 'I am surely of those who submit?' (41:34)

Short Commentary

There could be no better avocation for a person than to call men to God and to conform his own conduct to the teachings he preaches to others and to submit entirely to God's will. This is the quintessence of the teaching of Islam.

Explaining the meaning of the above verse our beloved Huzoor Hazrat Khalifatul Masih V^{aa} said in his Friday sermon delivered on April 9, 2010:

God declares summoning people to Him as the best of tasks and everything else as secondary. One is to utilize all resources that are available to perform this task and be included in the best of people. The Holy Qur'an states hundreds of commands and forbids many things. Good works constitute when man avoids what is forbidden and tries to do what is enjoined. Hudhur said if we analyse ourselves there is

much piety that we overlook in our daily lives. It is a most significant condition for one who invites people to God to be one who does 'good works'. Then alone can one summon another to the ways showed by the Promised Messiah in the current age. Then alone can one assert that he or she has, to some extent, found inner peace and is heading towards spiritual development and can usher others to listen and try to be obedient as one has been obedient.

Hudhur^{aa} said while it is essential for a *Dai'* *Lillah* (summoner to God) to remember this, it is also for every single Ahmadi, whether he/she is active in Tabligh or not to be aware that their surroundings and the world knows they are Ahmadi and their being an Ahmadi makes them a silent summoner to God. Hudhur said at times he receives letters from people outside Ahmadiyyat complaining about unfairness of Ahmadis. Thus one act of an Ahmadi becomes a source of disrepute for the entire Community.

HADITH

In advising on four beautiful methods of Tabligh, once, the Holy Prophet (may peace and blessings of Allah be upon him) said,

وَعَنْ عَبْدِ اللَّهِ
بْنِ سَلَامٍ رَضِيَ اللَّهُ عَنْهُ قَالَ:
سَمِعْتُ رَسُولَ اللَّهِ ﷺ يَقُولُ: "يَا
أَيُّهَا النَّاسُ أَفْشُوا السَّلَامَ، وَأَطْعِمُوا
الطَّعَامَ، وَصَلُّوا الْأَرْحَامَ وَصَلُّوا بِاللَّيْلِ
وَالنَّاسُ نِيَامٌ، تَدْخُلُوا الْجَنَّةَ بِسَلَامٍ"
(رواه الترمذي وقال حديث حسن صحيح).

"O People! If you spread peace, feed people, strengthen the ties of kinship, and be in prayer when others are sleeping, you will enter paradise with peace."

SO SAID THE PROMISED MESSIAH^{AS}

“If it was within my power, I would go door to door like beggars and preach the true religion of Allah the Almighty and thereby rescue humanity from the destructive shirk [polytheism] and kufr [disbelief] spread across the globe. If God would grant me the knowledge of the English language, I would personally embark on tabligh expeditions and spend my entire life in this pursuit even if I were to die in this cause.”

(Malfuzat [1988], Vol. 2, pp. 219)

“There is no doubt that many people have turned the enjoining of good and the forbidding of evil into a means of livelihood, but everyone is not of this nature. There are pure-hearted individuals as well who convey the words of God and His Messenger, peace and blessings of Allah be upon him, to the people only because they are commissioned to enjoin goodness and forbid evil, and they consider this task to be an obligation, and through this they desire to seek the pleasure of Allah Almighty.”

“The duty of preaching is a position of lofty stature, and as it were, possesses within it the nature and grandeur of prophethood, provided that one does not neglect the fear of God. A person who exhorts others receives an opportunity to particularly reform their own selves as well, because in the least, it is necessary for a person to show others that they practice what they preach.”

(Malfuzat [English], Vol. 2, p. 276)

PREPARING FOR WINTER IN CANADA FOR SENIORS

NISAR SHAMS MAJLIS MELVILLE

Preparing for winter in Canada can be especially important for seniors, as they may face unique health and safety challenges during the colder months.

Here are some key steps seniors can take to stay safe, warm, and healthy during the winter:

1. Winter-Proof the Home

- **Insulate the home:** Ensure that doors and windows are properly sealed to keep the cold out and the heat in. Consider using draft stoppers or weather stripping.
- **Maintain heating systems:** Have the furnace or heating system checked and serviced before the winter season to ensure it's working efficiently.
- **Prevent slipping hazards:** Remove rugs or obstacles from hallways, stairs, and walkways that could cause trips. Use non-slip mats in the bathroom.
- **Check the roof and gutters:** Snow and ice buildup can be hazardous, so clear gutters and check the roof for weak spots or leaks that may need attention.

2. Dress Appropriately

- **Layer up:** Wear several layers of clothing to retain body heat. This can include moisture-wicking undergarments, thermal shirts, sweaters, and insulated outerwear.
- **Stay dry:** Wet clothing, especially from snow, can increase the risk of hypothermia. Choose waterproof boots, gloves, and hats.
- **Wear warm accessories:** Hats, scarves, gloves, and thermal socks are essential. Protect extremities, especially hands and feet, from frostbite.

3. Mobility and Safety

- **Use assistive devices:** Walking aids like canes, walkers, or even snow grips for shoes can help with stability on slippery surfaces.

- **Salt and sand walkways:** Keep walkways and driveways clear of snow and ice by salting or using sand to provide traction.

- **Install lighting outside:** Make sure outdoor walkways are well-lit to avoid accidents in the dark, icy conditions.

4. Stay Active and Safe

- **Exercise indoors:** If it's too cold or icy outside, consider indoor activities like stretching, yoga, or light exercises that can help maintain mobility.

- **Stretch and warm up:** If venturing outside, warm up your body first to prevent strain or injury.

- **Keep emergency supplies:** Have a winter emergency kit with essentials like blankets, water, a flashlight, extra batteries, non-perishable food, and medications in case of power outages.

5. Health Considerations

- **Flu and pneumonia vaccinations:** Ensure vaccinations are up to date. Flu and pneumonia can be more dangerous during the winter months, especially for seniors.

- **Monitor for cold-related health issues:**

Seniors may be more vulnerable to hypothermia and frostbite. Be mindful of symptoms like shivering, confusion, or numbness.

- **Hydrate and eat well:** Staying hydrated is essential in winter too. Eat warm meals with plenty of vitamins to boost immunity.

6. Stay Social and Connected


- **Check in with family and friends:** The winter months can be isolating, so stay connected with loved ones through phone calls, video chats, or even regular visits.

- **Consider home care or services:** If mobility or health issues make it difficult to manage winter tasks, consider hiring help for cleaning, grocery shopping, or assistance with shoveling snow.

7. Prepare for Winter Storms

- **Plan ahead:** Monitor weather forecasts regularly and prepare for major storms by keeping extra supplies of medications, food, and warm clothing.

- **Know emergency contacts:** Have a list of emergency contacts handy, including neighbors or local support services that can assist during a storm.



By taking these precautions, seniors can better enjoy the winter months in Canada, while staying safe, healthy, and comfortable.

EXERCISE AND AGING: STAYING ACTIVE FOR A HEALTHIER LIFE

DR. HAMEED A. MIRZA MAJLIS PEACE VILLAGE EAST

المؤمن القوي
خير وأحب إلى الله
من المؤمن الضعيف
وفي كل خير

“A strong believer
is better and is more beloved
to Allah than a weak
believer.”

(Sahih Muslim, Kitab al-qadr,
Hadith 2664)

This hadith of the Holy Prophet^{sa} underscores the importance of maintaining physical health and fitness. As we age, it is natural to slow down and become less active. However, this decline in activity can significantly impact our well-being, often leading to various ailments that stem primarily from inactivity. The Holy Prophet Muhammad^{sa} serves as an exemplary role model for us.

For instance, Hazrat Abu Hurairah^{ra} narrates:

مَا رَأَيْتُ أَحَدًا أَسْرَعَ
فِي مَشْيَتِهِ مِنْ رَسُولِ اللَّهِ
صَلَّى اللَّهُ عَلَيْهِ وَسَلَّمَ

“I have not seen
anyone quicker in his
walking than Allah’s
Messengers^a.”

(Jami‘at-Tirmidhi,
Kitab al-munaqib
‘an rasulillah^{sa},
Hadith 3648)

This illustrates that throughout his life, the Holy Prophet^{sa} remained physically active and consistently encouraged his followers to prioritize and care for their physical health.

Engaging in a regular exercise program is essential for maintaining optimal health and well-being at any age. The benefits of physical activity are not limited to those in perfect health; they extend to individuals managing challenges such as joint pain, back pain, arthritis, or osteoporosis. For these individuals, exercise can alleviate discomfort, improve mobility, and enhance overall quality of life.

Exercise also plays a crucial role in recovery from injuries or surgeries, such as joint replacements or arthroscopic procedures. It accelerates healing, restores strength and function, and minimizes the risk of future complications, underscoring its transformative impact on rehabilitation and long-term health.

Benefits of Exercise for All Ages

Exercise provides profound benefits across all age groups, serving as the foundation for a healthier and more active lifestyle. It has been scientifically proven to:

- Lower blood pressure
- Reduce the risk of falls and serious injuries (e.g., hip or wrist fractures)
- Slow the decline in muscle and bone mass associated with aging

Additionally, regular physical activity offers a range of transformative benefits, including:

- Increased flexibility and muscle tone
- Stronger bones and improved balance
- Better self-image and reduced stress
- Improved sleep quality and reduced anxiety or depression
- Maintenance of a healthy weight and enhanced cardiovascular fitness
- Increased HDL (“good”) cholesterol levels
- Reduced risk of chronic diseases such as type

2 diabetes, breast cancer, or colon cancer

- Greater enjoyment and overall quality of life

Exercise and Older Adults

It’s never too late to embrace the benefits of an active lifestyle. With advances in medical science, people are living longer than ever, leading to a greater focus on quality of life— independence, vitality, and overall well-being.

For older adults, exercise is especially valuable in maintaining mobility, reducing the risk of chronic diseases, and promoting a fulfilling lifestyle. Simple activities like walking, gardening, or light stretching can have significant positive effects on physical and mental health.

Making Exercise Accessible

Exercise doesn’t need to be intense to make an impact. Research shows that splitting activity into smaller, manageable sessions—such as three 10-minute walks spread throughout the day—can be as effective as a continuous 30-minute workout. This flexible approach encourages consistency and makes it easier to integrate exercise into daily routines.

It is worth noting that physical activity tends to decrease during the winter months, especially in Western countries. This makes it even more crucial to commit to regular exercise. Even simple activities, such as walking for 15–20 minutes indoors, can significantly contribute to maintaining physical fitness and staying active.

Safety First

Before starting a new exercise program, especially if you have an existing health condition or are new to physical activity, consult with your healthcare provider. A tailored program ensures that your exercise routine meets your specific needs and goals, maximizing benefits while prioritizing safety.

Embrace the transformative power of exercise and enjoy a healthier, more vibrant life that will certainly benefit in our worship and spiritual wellbeing. *Inshallah!*

THE DELICATE STATE OF THE MUSLIM UMMAH

— GUIDING WORDS FROM HAZRAT KHALIFATUL MASIH V

BY: ASIF M BASIT- AL-HAKAM, 30TH DECEMBER 2024

As 2024 comes to an end, 118 years have passed since the publication of the Promised Messiah's^{as} renowned book, *Haqiqat-ul-Wahi*. In this work, he stated:

“O Europe!

You are not safe!

And O Asia! Neither are you secure! And O the dwellers of Islands! No artificial ‘God’ will come to your aid. I see cities falling and habitations in ruin. That One and Unique God remained silent for a long time.

Abominations

were committed

before His eyes and still, He remained silent. But now He shall reveal His countenance in an awe-striking manner. Let him who has ears hear that the Hour is not far.”

(Philosophy of Divine Revelation, UK, 2023, p. 328)

Hazrat Mirza Ghulam Ahmad^{as}, the Promised Messiah, passed away one year after making this prophecy. However, his Successors continued to remind people of this warning, as conditions rapidly advanced towards the fulfilment of this prophecy.

Then a whole century passed, and dawned upon the world a new century, and with it, a new millennium. It was now a transformed world, dragging itself towards the destruction foretold in the aforementioned prophecy. The world had become engulfed in multidimensional crises – political, geographical, military, economic, social, and moral – in every aspect.

In such a world faced with multifaceted problems, the fifth era of the Promised Messiah's^{as} Khilafat began. When Hazrat Mirza Masroor Ahmad^{aa} assumed the office of Khilafat, he faced not only the heavy responsibility of leading the Ahmadiyya Community but also the weightier call for guiding the entire Muslim Ummah in the right direction. Above all, the education and training of the whole world through Islamic teachings were also entrusted to him.

Hazrat Khalifatul Masih V^{aa} not only repeated the Promised Messiah's^{as} warning verbatim, but also consistently explained the proximity, direction, and intensity of the storm mentioned therein.

Through his addresses, sermons, and messages, Huzoor^{aa} has always cautioned the Islamic world about these dangers, the clouds of which were, and are, looming over the entire world. He has also repeatedly drawn attention to the fact that the West is united while the Islamic world suffers from discord and division. He has, time and again, made it clear that without unity, even the very survival of the Muslim world is impossible, let alone any prosperity or success.

Huzoor^{aa} has been giving this warning and its constant reminders for 21 years. And today, when I was present in his service, the twilight of the year 2024 was fading into night, and 2025, the twenty-second year of Huzoor's^{aa} Khilafat, was ready to dawn upon us.

In this mulaqat, Huzoor^{aa} mentioned the current situation in Syria:

“I have been saying for quite some time that the Muslim world needs to unite. Perhaps everyone acknowledges this need, but no one takes practical steps toward it.

“The entire Muslim world only concludes and believes that Israel is behind whatever bad is happening to the Muslim countries. As for what the Zionist agenda is, and what steps the Muslim world should take, all Muslim countries remain oblivious.

“Anti-Islamic forces don't just want political power. They now want to extend geographical boundaries into the Islamic world. This agenda is coming to the fore so clearly that even Western analysts are becoming vocal about it.”

“I have not only drawn attention to unity but have also said each time that the solution is not merely political. If Muslims ignore the spiritual aspect of the problem, how can a solution emerge? As far as the Holy Land is concerned, Allah has made it dependent on amal-e-saleh (righteous deeds)”.

“Righteous deeds are not possible without prayer; unity is not possible without prayer. And unless the Muslim world unites, no success can be achieved in the name of Islam”.

“Hazrat Musleh-e-Maud^{ra} had already stated while explaining the intentions of anti-Islamic forces that their eyes are not just on Jerusalem but also on Mecca and Medina. They will make every possible effort to reclaim Khyber. So, the question is not just about any anti-Islamic group or state; the question is about Khyber and Mecca and Medina. Muslims should unite to protect them because the enemy is united.”

I can say with a great level of certainty that I have heard all of Huzoor's^{aa} sermons and addresses where he has mentioned the importance of Muslim unity. But this was the first time for me to hear Huzoor^{aa} speak on this topic outside the environment of a public event or Friday sermon, and to hear this discourse alone and in

person; or rather, to observe it, as I saw signs of anguish on Huzoor's^{aa} blessed countenance as he spoke about the discord of the Ummah. I had never experienced noticing this before in person during an audience.

After this, Huzoor^{aa} explained the profound meanings of verse 75 of Surah al-Baqarah:

“The Holy Quran refers to the hearts of disbelievers becoming as hard as stones, rather even harder than stones. But in the same verse, it is also stated that even from stones, rivers and streams can sprout”.

“The problem now is that the hearts of Islam's enemies have become as hard as stones against Islam, but the hearts of Muslims have become like stones toward each other”.

“Among non-Muslim analysts, some are now emerging who have begun to expose the intentions of anti-Islamic forces. In these circumstances, I look at this verse along with the hadith where the Holy Prophets^{sa} said that in the Latter Days, even stones will speak up to tell that an enemy of Islam is hiding behind it”.

“Because in real life, stones don't speak. So just as the Holy Quran has likened hearts to stone, a new way of understanding this hadith about the end times comes to the surface”.

“But the problem is that while water has sprouted from the stone-like hearts of some non-Muslims, and they have begun to identify anti-Islamic elements, the hearts of Muslims remain hard as stones toward each other. In such an unfortunate state, even if water falls on them, they remain just as hard and bear no fruit. And unfortunately, this stoneheartedness is not just for opponents of Islam, but for their own Muslim brethren too”.

“The unrest that exists in the Muslim world right now is all down to the hearts that are badly split among themselves, and the subsequent lack of unity. In such circumstances, how can Allah's support come to their aid?”

“I have been saying for a long time that without prayers, the Muslim world will always remain

subdued and oppressed like it is right now. The Holy Quran has placed the possibility of water streams bursting forth from stones in spirituality, not in political alliances. So, if there is no prayer and righteous deeds, neither can springs of water burst forth from stone hearts, nor can any strategy be effective”.

“At this time, righteous deeds are not possible without accepting the Imam of the Age. For the rest, I continue to explain, and my prayer is that Allah may grant them the ability to recognise and accept the Promised Messiah^{as}.”

I was blessed with this audience at the confluence of a passing year's fading dusk and a new year's rising dawn. As this audience came to its end, Huzoor^{aa} mentioned the Jalsa Salana of Qadian – two days of proceedings had passed, and the final session was the following day, where Huzoor^{aa} was to deliver the concluding address.

“There has been unexpected rainfall in Qadian. The proceedings couldn't be held in the jalsa gah and arrangements had to be made in Masjid Aqsa and other covered places. Now let's see what the weather there will be like tomorrow.” There was something special in these words. The desire contained in these words for the weather to improve was evident. The next day when Huzoor^{aa} delivered his address, Qadian could be seen live through the lens of MTA. Thousands of Jalsa participants were present in the jalsa gah. Beautiful, golden sunlight, typical of an Indian winter, shone brightly on the jalsa gah. The town of the Promised Messiah^{as} was gleaming and the faces of those present in the jalsa gah glowed in this sunshine.

Allah the Almighty accepted as a prayer the words expressed in the style of His beloved's desire.

May Allah the Almighty accept all the desires and prayers of Hazrat Khalifatul Masih V^{aa}. May the clouds of despair and terror looming on the horizons of the world disperse, and may the sun of 2025 rise with the heat and light of life. (Amin.)

PROMISED MESSIAH'S^{AS} UNPARALLELED LOVE FOR THE HOLY PROPHET (PBUH)

HUZOOR^{AA} CONCLUDING ADDRESS IN JALSA SALANA QADIAN 2024
AL-HAKAM 29TH DECEMBER 2024

After tashahhud, ta'awwuz and the recitation of Surah al-Fatihah, Hazrat Amirul Momineen^{aa} began his address.

Introduction:

Huzoor^{aa} said that the Promised Messiah^{as} asserted that he is the *Promised Messiah and Mahdi*, who's coming was foretold by the Holy Prophet Muhammad^{sa}. The Promised Messiah^{as} emphasised that no other Messiah would descend from the heavens and no other Mahdi would appear from Allah, since this era was precisely the appointed time for the Messiah and Mahdi to be raised. Hence, Allah the Almighty sent him in fulfilment of all the signs and prophecies detailed by the Holy Prophet Muhammad^{sa}.

Furthermore, the Promised Messiah^{as} invited the entire world – and in particular the Muslims – to examine the prophecies of the Holy Prophet^{sa}. He urged them to reflect on these signs and to act upon the commandments of



Allah and His Messengers^{sa}. Huzoor^{aa} made it clear that accusing the Promised Messiah^{as} of, God forbid, insulting or disrespecting the Holy Prophet^{sa} was a baseless allegation. The Promised Messiah^{as} said he came only to serve the Holy Prophet^{sa} and to spread his blessed message, for true love of the Holy Prophet^{sa} is ingrained in his heart.



Huzoor^{aa} explained that the Promised Messiah^{as} consistently expressed love and devotion to the Holy Prophet^{sa} throughout his writings, gatherings and personal conduct. This devotion, Huzoor^{aa} added, is unparalleled and cannot be matched. With this in mind, Huzoor^{aa} announced he would present certain extracts to illustrate the Promised Messiah's^{aa} unmatched love for the Holy Prophet^{sa}.

Promised Messiah's^{as} reverence for the Holy Prophet Muhammad^{sa}

Huzoor^{aa} presented the following extract from *Haqiqat-ul-Wahi* that provides a glimpse of the love that the Promised Messiah^{as} had for the Holy Prophet Muhammad^{sa}: “Thus, I always wonder what a sublime Prophet this Arabian Prophet is, whose name is Muhammad (thousands upon thousands of blessings and peace be upon him). One cannot fathom the limit of his sublime status, and it is not given to man to estimate the extent of his spiritual effectiveness. It is a pity that his rank has not been recognized as it should have been. He is the champion who restored to the world the *Tauhid* which had disappeared from the world; he loved God to the extreme and his soul melted to the extreme out of sympathy for mankind.

Therefore, God, who knew the secret of his heart, exalted him above all the Prophets and all the first ones and the last ones and bestowed upon him all that he desired within his lifetime. It is he who is the fountainhead of every grace, and anyone who claims any superiority without acknowledging his grace is not a human being but is the spawn of Satan, because he (the Holy Prophet^{sa}) has been bestowed the key to every exaltation and he has been given the treasure house of every understanding. He who does not receive through him is deprived forever. I am nothing and possess nothing. What am I and what do I amount to? I would be ungrateful if I were not to confess that I have found true *Tauhid* through this very Prophet^{as}. I have attained the recognition of the Living God through this same perfect Prophet^{as} and through his light. The honour of converse and communion with God,

through which I behold His countenance, has been bestowed upon me through the same Great Prophet^{as}. The rays from this Sun of Guidance fall upon me like sunshine and I continue to be illumined only so long as I am facing towards it.” (*The Philosophy of Divine Revelation*, pp. 137-138)

Hecne, Huzoor^{aa} explained that the Promised Messiah^{as} regarded the Holy Prophet^{sa} as the fountainhead of Allah's grace, asserting that no one can attain salvation or spiritual insights without entering his fold. He categorically stated that every blessing he, the Promised Messiah^{as}, received, was entirely a reflection of the Holy Prophet's^{sa} own spiritual light.

Huzoor^{aa} highlighted the Promised Messiah's^{as} description of the exalted status of the Holy Prophet Muhammad^{sa}. The Promised Messiah^{as} stated that among all the Prophets, the Holy Prophet^{sa} stands as the most beloved of God, the chief of the Prophets, and the pride and crown of the Messengers. He explained that walking under the shadow of the Holy Prophet^{sa} for just ten days brings spiritual light and blessings that could not be attained in a thousand years before his advent.

The Promised Messiah^{as} emphasised the unique impact of the Holy Quran, revealed to the Holy Prophet^{sa}, as a scripture that revives those who are spiritually dead. Unlike other scriptures that fail to transform hearts, the Holy Quran provides unparalleled spiritual light and guidance. (*Siraj-e-Munir, Ruhani Khazain, Vol. 12, pp. 82-83*)

Sincere devotion:

Huzoor^{aa} narrated an incident that underscored the Promised Messiah's^{as} profound devotion. On one occasion, the Promised Messiah^{as} recited durood upon the Holy Prophet^{sa} so intensely that in a subsequent vision, he witnessed angels bringing vessels of divine light, telling him that these were the blessings he had sent upon the Holy Prophet^{sa}. Similarly, he saw water skins filled with pure light, symbolising the abundance of divine favours descending as a result of his fervent salutations upon the Holy

Prophet^{sa}.

(*Barahin-e-Ahmadiyya Part IV*, pp. 378-379)

Huzoor^{aa} presented the following revelation which the Promised Messiah^{as} received:

صل علي محمد وأل محمد
سيد ولد آدم وخاتم النبيين

“Call down blessings on Muhammad and the progeny of Muhammad, who is the Chief of the children of Adam and is Khatamul-Anbiya’ [the Seal of the Prophets], may peace and

the appointment of the man to revive the Faith was not yet disclosed to the High Assembly, and this is why they were in disagreement. It was at this time in the dream that I saw people searching for a revivor. A man appeared before my humble self and, pointing towards me, he said:

هذا رجل يحب رسول الله

“Meaning that, this is the man who loves the Messengers of Allah.

Huzoor^{aa} said that the Promised Messiah^{as} explained:

“This indicates that all these ranks, munificence, and favours are on account of him [the Holy Prophet^{sa}], and a reward for loving him. *Subhanallah* [Holy is Allah]! What high ranks *Sarwar-e-kā’ināt* [the Chief of all creation] has in the presence of the One True God and what kind of nearness does he have to Him that his lover becomes the beloved of God, and his servant is appointed the master of a whole world!

“At this time, I recall that one night this humble one recited *Durud Sharif* [calling down blessings on the Holy Prophet^{sa}] so abundantly that my heart and soul became fragrant therewith. The same night I saw in a dream that people were carrying into the house of this humble one waterskins filled with divine light in the form of pure water and one of them said, ‘These are the very blessings which you had sent to Muhammad, may peace and blessings of Allah be upon him.’ “I recall a similar wonderful experience. Once I received a revelation which indicated that there was a vigorous discussion in the High Assembly in Heaven. That is, God’s will for the revival of the Faith was surging, but

“The meaning of this statement was that the principal qualification for this mission is the love of the Holy Prophet^{sa} and that this quality was definitely found in me. Similarly, the secret behind the direction to call down blessings on the Holy Prophet’s progeny in the revelation mentioned above is that the love for *Ahle-Bait* [the members of the household of the Holy Prophets^{sa}] plays a great part in acquiring divine light.” (*Ibid.*)

Unwavering love of the Holy Quran and the Holy Prophet^{sa}

Huzoor^{aa} shared an extract from the Promised Messiah^{as}’s writings highlighting the unparalleled power of the Holy Quran and the spiritual greatness of the Holy Prophet^{sa}: “Among the extraordinary powers of the Holy Quran is that those who adhere to it are granted miracles and great signs. These signs are granted in such abundance that the world cannot compete with them. Thus, I openly declare that if all the opponents, whether they be in the East or the West, were to all gather in one place and challenge me in demonstrating

such signs and miracles, I shall be granted victory over them by the grace and help of God Almighty.

This victory will not be because I have any superior power in my soul, rather it will be because God has desired that I give proof of the extraordinary power of the Holy Quran and the spiritual strength and lofty status of His Messenger, Hazrat Muhammad^{sa} Mustafa. And it is not owing to any personal quality, rather it is purely due to His grace that I follow this great Prophet^{sa} and his powerful book and have love for it and believe in this revealed book, which is known as the Holy Quran and is a manifestation of God's powers." (*Chashma-e-Ma'rifat, Ruhani Khazain, Vol. 23, pp. 409-411*) Huzoor^{aa} emphasised that this excerpt, written near the end of the Promised Messiah's^{as} life, refutes the baseless allegation that his love for the Holy Prophet^{sa} diminished over time. On the contrary, the Promised Messiah's^{as} love remained unwavering and only deepened with time.

Profound expressions of love

Huzoor^{sa} elaborated that the Promised Messiah^{as} repeatedly highlighted his indebtedness to the Holy Prophet^{sa}. He attributed his communion with God and all spiritual progress to the obedience he rendered to the Holy Prophet^{sa}. Huzoor^{aa} quoted the Promised Messiah^{as}, who said that if he had possessed piety equal to all the mountains of the world, he would still have been deprived of divine converse had he not been a follower of the Holy Prophet^{sa}.

Seal of Prophethood

Turning to the question of *Khatm-e-Nubuwwat*, Huzoor^{aa} stated that opponents often allege the Promised Messiah^{as} broke the seal of the Holy Prophet^{sa} by claiming prophethood. Citing the Promised Messiah's^{as} own words, Huzoor^{aa} clarified that any station of prophethood claimed by the Promised Messiah^{as} was nothing but a shadow or reflection of the Holy Prophet's^{sa} prophethood, bereft of any new law. Huzoor^{aa} emphasised that the Promised

Messiah^{as} repeatedly declared he was a servant and follower (*ummati*) of the Holy Prophet^{sa}.

The Promised Messiah^{as} said that every achievement and all honour he had attained were granted purely through obedience to Muhammad, the Chosen One, peace and blessings of Allah be upon him. He explained that no new law-bearing prophet could appear, for the Holy Prophet^{sa} was the Seal of the Prophets. However, a 'non-law-bearing' subordinate prophet who completely follows the Holy Prophet^{sa} could arise to revive and promote the true teachings of Islam.

Huzoor^{aa} stated that Allah the Almighty is supporting the Jamaat in every way, taking the Jamaat into His own hands. Huzoor^{aa} explained that, given the intense opposition, if this were not the work of God, the Ahmadiyya Muslim Jamaat would have been wiped out long ago.

Further illustrations of the Promised Messiah's^{as} esteem

Huzoor^{aa} highlighted the Promised Messiah's^{as} deep reverence for the Holy Prophet^{sa}, describing him as the "*perfect man*" and "*perfect Prophet*" who revived a spiritually dead world. The Promised Messiah^{as} emphasised that the Holy Prophet^{sa} was the Seal of the Prophets and the source of all blessings and spiritual light.

He stated that had the Holy Prophet^{sa} not come into the world, there would have been no proof of the truth of other Prophets such as Jonah^{as}, Job^{as}, Jesus^{as}, and others, even though they were beloved of Allah. The Promised Messiah^{as} attributed all spiritual knowledge, divine communion, and blessings he attained to the Holy Prophet^{sa}, praying for unparalleled mercy and blessings upon him.

Huzoor^{aa} remarked that the Promised Messiah^{as} regularly reaffirmed that, had it not been for the Holy Prophet^{sa}, he would never have attained divine communion or advanced in spirituality. Rather than dishonouring him, the Promised Messiah^{as} always elevated the stature of the

Holy Prophet^{sa} before the world.

Promised Messiah^{as}: The most ardent servant of the Holy Prophets^a and the Holy Quran, Huzoor^{aa} explained that in his very first book, *Barahin-e-Ahmadiyya*, the Promised Messiah^{as} stated that the revelation and communication with Allah granted to him were purely by virtue of his obedience to the Holy Prophet^{sa}. The Promised Messiah^{as} emphasised that all blessings, success, and spiritual enlightenment stem from the Holy Prophet^{sa} alone. He declared that he merely received this divine light through the Holy Prophet^{sa} and spread it further.

The Promised Messiah^{as} affirmed that anyone who claims to bring a new light outside of the Holy Prophet^{sa} is a fabricator and accursed. He emphasised that no law-bearing Prophet could come after the Holy Prophets^a, and any Prophet appearing thereafter was only to do so as a perfect follower, fully within the framework of the Holy Prophet's^{sa} prophethood. He maintained that such a claim does not break the seal of prophethood but rather demonstrates the continuing light of the Holy Prophet^{sa}, even 1,300 years after his passing.

The Promised Messiah^{as} expressed that all honour and respect he attained were solely through the Holy Prophet^{sa}, whose unparalleled status is often misunderstood by the world. He refuted the notion that Jesus^{as} is physically alive in heaven, asserting that the signs of a living Prophet can only be found in the Holy Prophet^{sa}. Through the Holy Prophet^{sa}, he explained, believers have found a Living God and witnessed the reopening of the door of revelation, which remains closed to other faiths. The Promised Messiah^{as} noted that miracles described as mere legends in other religions are actively witnessed in Islam through the blessings of the Holy Prophet^{sa}.

In summarising his beliefs, the Promised Messiah^{as} affirmed that there is no book except the Holy Quran, no messenger except the Holy Prophet^{sa}, and no religion other than Islam. He underscored the Holy Prophet^{sa} as *Khatam an-Nabiyyin* (the Seal of the Prophets) and the

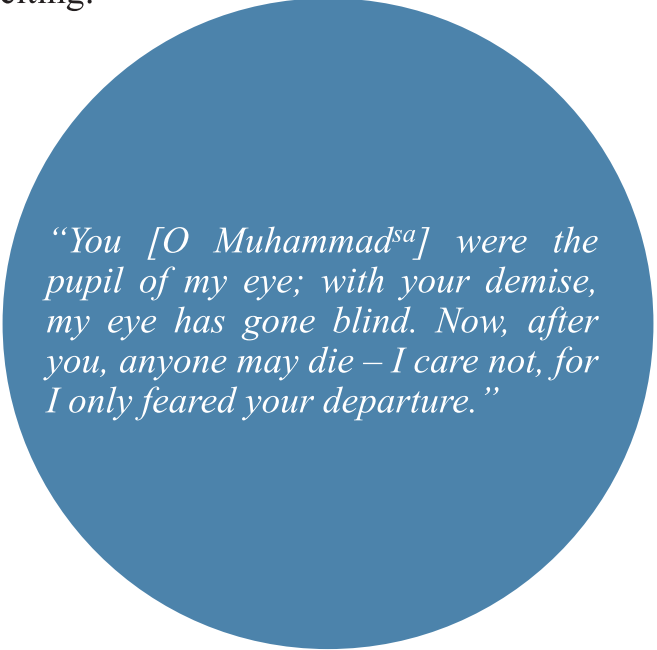
Holy Quran as *Khatam al-Kutub* (the Seal of the Books). He cautioned against reducing religion to trivialities, declaring himself nothing but a servant of Islam, with no claim beyond that of servitude to the Holy Prophet^{sa} and the Quran.

Huzoor^{aa} concluded that the Promised Messiah^{as} consistently maintained that all his work was entirely in service of Islam and the Holy Prophet^{sa} and that the continued divine support for the Ahmadiyya Muslim Community serves as a testament to the truth of his mission.

Huzoor^{aa} then narrated some incidents from the life of the Promised Messiah^{as} that demonstrate his deep love for the Holy Prophet^{sa}.

Poetic expressions of unparalleled love

Huzoor^{aa} related how the Promised Messiah^{as} would often quote the couplet of Hassan bin Thabit^{ra} in memory of the Holy Prophet^{sa} with great emotion. One Companion recounted finding the Promised Messiah^{as} in Masjid Mubarak, alone and overcome with tears, reciting:



"You [O Muhammad^{sa}] were the pupil of my eye; with your demise, my eye has gone blind. Now, after you, anyone may die – I care not, for I only feared your departure."

Huzoor^{aa} noted how, even in solitude, this love flowed purely and powerfully from the Promised Messiah^{as}. It was clear evidence that no one could rightly accuse him of blaspheming against the Holy Prophet^{sa}, for his writings and actions consistently demonstrated the depth of his reverence.

A heartfelt plea to the Arabs

Huzoor^{aa} pointed out that the Promised Messiah^{as} addressed the Muslims of the Arab lands with deep emotion, referring to them as the best of communities because the Holy Prophet^{sa} arose among them. The Promised Messiah^{as} wrote of his longing to visit those places sanctified by the Prophet's^{sa} footsteps, declaring his desire to place the dust of those lands upon his eyes. Huzoor^{aa} emphasised that such passionate yearning exemplifies the humility and veneration the Promised Messiahs held for Allah's Messenger^{sa}.

Huzoor^{aa} said:

“Thus, this is the heartfelt sentiment that [the Promised Messiah^{as}] expressed. Would that today's Muslims in the Arab world also be granted the ability to act upon this advice and align their deeds in a manner that makes them true followers of the Holy Prophet's^{sa} teachings and genuine adherents of his ummah. By sincerely practising the Holy Prophet's^{sa} *shariah* [divine law], they can regain the lofty station they have lost.”

Love beyond measure

In light of these heartfelt testimonies, Huzoor^{aa} urged critics to consider how an individual could be accused of insulting the Holy Prophet^{sa} when his entire life and mission were grounded in propagating the Prophet's^{sa} grandeur. The Promised Messiah^{as}, Huzoor^{aa} stated, even affirmed that if those who opposed him were to destroy his property and family, it would not wound him as deeply as seeing any insult hurled at the Holy Prophet^{sa}.

Huzoor^{aa} shared the following words of the Promised Messiah^{as}:

“The heart, while weeping uncontrollably, testifies that if these people were to kill our children before our very eyes, and were to tear apart our loved ones – those dear to us in this worldly life—and if they were to kill us in the most humiliating manner, and seize all of our wealth, then, by Allah, and again by Allah, we

would not feel grief, nor would our hearts ache to the extent that they ache from the insults and abuse directed at our beloved Messenger, the Noble Prophet Muhammad (peace and blessings of Allah be upon him).”

(Aina-e-Kamalat-e-Islam, Ruhani Khazain, Vol. 5, p. 52)

Huzoor^{aa} stated that opponents, particularly those claiming love for the Holy Prophet^{sa}, should reflect on whether their baseless opposition is causing Allah's displeasure. He urged them to consider whether the challenges they face are a result of their own actions and to deeply reflect on their conduct.

Compassion for the Muslim ummah

Huzoor^{aa} further said:

“As far as our relationship with Muslims and our sentiments of compassion towards them are concerned, we follow the guidance of the Promised Messiah^{as} expressed in this couplet:

اے دل! تو نیز خاطرِ اینان نگاہ دار
کا خر کنند دعوائِ حبِّ پیغمبرم

“This means, O heart, be considerate of these people, as ultimately, they profess love for my Prophet^{sa}.

“With this perspective, we are devoted to loving every Muslim, praying for their well-being, and making every possible effort for their benefit. We harbour sincere emotions and sentiments for them and supplicate for them. However, they must also awaken to the truth and, instead of declaring the one sent by Allah — the most ardent devotee and servant of the Holy Prophet^{sa}



— a disbeliever, they should listen to and strive to understand his message. They should not hastily issue fatwas of disbelief. In any case, we shall continue to assert our love for Muslims, for they claim to love the Holy Prophet^{sa}, even if such love is expressed outwardly.”

Huzoor^{aa} prayed that Allah grants wisdom to the Muslim ummah, urging them to refrain from baseless opposition and reflect.

Responsibilities of Ahmadis

Huzoor^{aa} urged:

“May Allah also enable us [Ahmadis] to prove our claim of love for the Holy Prophet^{sa} through every aspect of our actions. We should reflect upon and deeply consider these matters that the Promised Messiah^{as} has explained[...]. Our love and devotion to the Holy Prophet Muhammad^{sa} should continuously grow. Let not our words alone speak for us; rather, let us demonstrate through our actions that we truly honour our acceptance of the Promised Messiah^{as}. We must strive to establish a standard of love and devotion for the Holy Prophet^{sa} that reaches the highest levels in the sight of Allah. “We must constantly evaluate ourselves: do the feelings and sentiments of the Promised Messiah^{as} resonate within our hearts? Are we making the efforts demanded of us to establish the oneness of Allah in the world, fulfilling the rights of this great responsibility? We should be ever-ready to make every sacrifice needed to raise the banner of the Holy Prophet^{sa} high across the world. For the sake of establishing the oneness of Allah, we

must be prepared for every sacrifice at all times, and we should not rest until we have achieved the purpose for which we joined the community of the Promised Messiah^{as}.”

Conclusion

Concluding his address, Hazrat Amirul Momineen^{aa} prayed that Allah the Almighty keeps all attendees of Jalsa Salana Qadian 2024 under His protection and grants the same to those listening from their homes. He prayed that all Ahmadis are enabled to truly act upon the teachings of Islam, express genuine love for the Holy Prophet^{sa}, and fulfil the rights of their bai‘at.

Huzoor^{aa} mentioned that jalsas were also taking place in various other countries, including Togo, Mali, Burkina Faso, Guinea Conakry, Niger, Senegal, Guinea-Bissau, and the western coast of the United States. He highlighted the purpose of these gatherings as efforts to understand and propagate the message of the Promised Messiah^{as} while also striving for personal reformation. Huzoor^{aa} highlighted these conventions’ purpose as spreading the Promised Messiah’s^{as} message and personal reformation, praying for participants’ success.

Afterwards, Huzoor^{aa} announced the attendance figures and led a silent prayer. Following the prayer, participants from Qadian and other countries presented poems. Huzoor^{aa} then led the Zuhr and Asr prayers, and inspected the arrangements made for Jalsa Salana at Islamabad.

PHOTO GALLERY



*Members of
Majlis Ansarullah
Peace Village Southeast
went out for Tabligh activities.
Some of the highlights are
shown in the following
photos.*

*Members of
Majlis Ansarullah
Peace Village Centre-West
held a Quran exhibition.
Some of the highlights are
shown in the following
photos.*





*Members of
Majlis Ansarullah
Peace Village Centre-West
went to Nobleton on
National Tabligh
Day*



*Majlis Ansarullah
Peace Village Southeast
held a Suhbat-e-Saliheen.
Some of the highlights
are shown in the
following photos.*





In the name of Allah, the Gracious, the Merciful

MAJLIS ANŞĀRULLĀH CANADA

مجلس انصار الله كينيڊا



National Majlis 'Āmila 2025

#	Department	Name	Cell Phone #	Email Address
1	Sadr Majlis	Abdul Hamid Waraich sahib	416-903-0175	sadr@ansar.ca
2	Nā'ib Sadr Awwal	Sohail Ahmad Saqib sahib	647-290-3342	naibsadr.awwal@ansar.ca
3	Nā'ib Sadr Saf Dom	Maulana Ghulam Misbah Balouch sahib	416-357-3455	saf.dom@ansar.ca
4	Nā'ib Sadr	Nasir Mahmood Ahmed sahib	416-527-2004	naibsadr.nma@ansar.ca
5	Nā'ib Sadr	Sanaullah Khan sahib	647-831-3771	naibsadr.sk@ansar.ca
6	Nā'ib Sadr	Mohammad Arshad Malik sahib	416-402-9101	naibsadr.mam@ansar.ca
7	Nā'ib Sadr	Muhammed Ahmed sahib	647-891-5494	naibsadr.ma@ansar.ca
8	Qā'id 'Umumi	Asim Mahmood Bhalli sahib	647-962-2020	umumi@ansar.ca
9	Additional Qā'id 'Umumi	Muhammad Afzal Malik sahib	416-903-5200	additional.umumi@ansar.ca
10	Additional Qā'id 'Umumi	Fakhar Ahmad Chughtai sahib	416-821-3375	fakhar.chughtai@ansar.ca
11	Qā'id Ta'līm	Khalid Mahmood Sharma sahib	647-701-0144	talim@ansar.ca
12	Additional Qā'id Ta'līm	Mirza Waqas Ahmad sahib	647-394-5577	additional.talim@ansar.ca
13	Qā'id Tarbiyat	Syed Saleem Ahmed sahib	416-666-1633	tarbiyat@ansar.ca
14	Additional Qā'id Tarbiyat	Muhammad Kaleem sahib	647-447-9716	additional.tarbiyat@ansar.ca
15	Qā'id Tarbiyat Nau Mubā'i'in	Zubair Afzal sahib	647-896-7674	tarbiyat.naumubain@ansar.ca
16	Qā'id Isār	Mubashir Ahmad Khalid Hussain sahib	647-988-3494	isar@ansar.ca
17	Qā'id Tablīgh	Dr. Mirza Tahir Ahmad sahib	613-770-2789	tabligh@ansar.ca
18	Qā'id Zahanat wa Sehat Jismani	Asif Jamil Malik sahib	647-615-9898	zahanat@ansar.ca
19	Qā'id Māl	Ataulmajeed Zafar sahib	416-845-1486	mal@ansar.ca
20	Additional Qā'id Māl	Atta Mohey Ud Din sahib	647-677-6736	additional.mal@ansar.ca
21	Qā'id Waqf Jadīd	Sohail Munir sahib	416-567-5590	waqfjadid@ansar.ca
22	Qā'id Tahrīk Jadīd	Faisal Ahmad Khan sahib	647- 962-2145	tahrirkjadid@ansar.ca
23	Qā'id Tajnid	Shafiq Ahmed Khan sahib	647-877-6367	tajnid@ansar.ca
24	Qā'id Ishā'at	Muhammad Musa sahib	647-410-7055	ishaat@ansar.ca
25	Qā'id Ta'līm ul Qur'ān	Muhammad Mahmood Abdulla Shabooti sahib	416-970-8691	talimulquran@ansar.ca
26	Auditor	Syed Farooq Shahzad sahib	647-472-2659	auditor@ansar.ca
27	Za'im A'lā Peace Village Muqāmi	Nusrat Ahmad sahib	647-385-3879	peacevillage@ansar.ca
28	Mu'āwin Sadr Properties	Mohammad Naeem Mian sahib	647-778-9370	muawinsadr.mnm@ansar.ca
29	Mu'āwin Sadr Corporate Affairs	Fateh ud Din sahib	647-282-3711	muawinsadr.fd@ansar.ca
30	Mu'āwin Sadr Finanace	Khawaja Imtiaz Ahmad sahib	416-876-3065	muawinsadr.ki@ansar.ca
31	Mu'āwin Sadr Hospitality	Mohammad Dawood Ajmal sahib	416-624-2172	muawinsadr.mda@ansar.ca
32	Mu'āwin Sadr Tarbiyat	Mohammad Akbar Bhatti sahib	647-895-9530	muawinsadr.mab@ansar.ca
33	Mu'āwin Sadr Tarbiyat	Abrar Masood Mohar sahib	416 402-3746	muawinsadr.amm@ansar.ca
34	Rukn e Khasoosi	Shafqat Mahmood sahib	647-234-6336	shafqat.mahmood@ahmadiyya.ca
35	Rukn e Khasoosi	Muhammad Saleem Mian sahib	416-473-6426	Ruknkhasoosi.mms@ansar.ca
36	Rukn e khasoosi	Daud Ahmed Hanif sahib	437-779-9449	principal@jamiaahmadiyya.ca



In the name of Allah, the Gracious, the Merciful

MAJLIS ANṢĀRULLĀH CANADA

مجلس انصار الله كينيڊا



Nā'ib Qā'ideen 2025

#	Department	Name	Cell Phone #	Email Address
1	Nā'ib Qā'id `Umumi	Mohammed Dawood Ismail sahib	780-975-8669	mdi.umumi@ansar.ca
2	Nā'ib Qā'id `Umumi	Sajjad Ahmad Malik sahib	647-561-8424	sa.umumi@ansar.ca
3	Nā'ib Qā'id `Umumi	Adeel Ahmed Aziz sahib	416-710-4488	aaa.umumi@ansar.ca
4	Nā'ib Qā'id `Umumi	Fazal Ahmad Ghuman sahib	416-624-9856	fag.umumi@ansar.ca
5	Nā'ib Qā'id `Umumi	Mohammad Arif Sindhu sahib	647-710-1121	mas.umumi@ansar.ca
6	Nā'ib Qā'id Tablīgh	Abdullah Mohammed sahib	647-546-0200	tabligh1@ansar.ca
7	Nā'ib Qā'id Tablīgh	Nuruddin Fateh Bashir sahib	416-890-6529	outreach@ansar.ca
8	Nā'ib Qā'id Tablīgh	Ahsan Bin Nasir sahib	647-262-9354	naibqaid.tabligh@ansar.ca
9	Nā'ib Qā'id Tarbiyat	Qamar Ahmad Shaheed sahib	226-224-1085	naibqaid.tarbiyat@ansar.ca
10	Nā'ib Qā'id Māl	Sohaib Ahmad Qureshi sahib	647-299-7473	naibqaid.mal@ansar.ca
11	Nā'ib Qā'id Isar	Itraf Ahmad Mirza sahib	647-393-9545	iam.isar@ansar.ca
12	Nā'ib Qā'id Isar	Kashif Sajeel Malik sahib	647 308-9209	naib.isar@ansar.ca
13	Nā'ib Qā'id Isar	Mirza Qadeer Ahmad Tahir sahib	647-282-2440	mqat.isar@ansar.ca
14	Nā'ib Qā'id Ishā'at	Kashif Bin Arshad sahib	647-891-4792	additional.ishaat@ansar.ca
15	Nā'ib Qā'id Ishā'at	Masood Ahmad sahib	647-247-3236	ishaat3@ansar.ca
16	Nā'ib Qā'id Zahanat wa Sehat Jismani	Muhammad Azhar Bharwana sahib	647-824-6994	mab.zahanat@ansar.ca
17	Nā'ib Qā'id Zahanat wa Sehat Jismani	Mirza Tayyab Mehmood sahib	418-905-5247	mtm.zahanat@ansar.ca

Regional Nāzimeen-e-A'lā 2025

#	Region	Name	Cell Phone #	Email Address
1	Brampton East	Ahmed Ibrahim sahib	647-272-5221	bramptoneast@ansar.ca
2	Brampton West	Abdul Wahab Rashid sahib	416-843-0532	bramptonwest@ansar.ca
3	British Columbia	Ahmad Dawood Malik sahib	778-835-8540	britishcolumbia@ansar.ca
4	Calgary	Asim Haneef sahib	587-707-4816	calgary@ansar.ca
5	Central East Ontario	Mian Muzaffar Ahmed sahib	416-918-1233	ceo@ansar.ca
6	Eastern Canada	Mohammed Latif sahib	514-586-2529	easterncanada@ansar.ca
7	Hamilton-Niagara	Ghulam Ahmad Maqsood sahib	647-786-7086	hamiltonniagara@ansar.ca
8	Milton Waterloo	Naveed Amer Choudhary sahib	647-470-4050	miltonwaterloo@ansar.ca
9	Mississauga	Ata Ur Rab sahib	416-671-8223	mississauga@ansar.ca
10	Northern Ontario	Inam Ullah Rajput sahib	905-462-7737	northernontario@ansar.ca
11	Peace Village Muqāmi	Nusrat Ahmad sahib	647-385-3879	peacevillage@ansar.ca
12	Prairie	Munir Ahmed Khan sahib	306-715-5685	prairie@ansar.ca
13	Toronto	Tariq Zahid sahib	647-459-3397	toronto@ansar.ca
14	Toronto West	Arshad Mahmood Bajwa sahib	647-205-2774	torontowest@ansar.ca
15	Vaughan East	Assad Saeed sahib	416-524-7520	vaughaneast@ansar.ca
16	Vaughan West	Waheed Ahmad Cheema sahib	647-709-4851	vaughanwest@ansar.ca
17	Western Ontario	Kashif Saeed sahib	313-970-0223	westernontario@ansar.ca

